

Voltaheat®

THERMAL PATCH

Air activated heat patch



Voltaheat Thermal patch effectively and naturally provides pain relief and deep muscle relaxation for muscle pain, back, neck and shoulder pain.

Voltaheat Thermal patch is applied directly to the skin, on the site of your muscular pain. You feel the heat and relief instantly. The patch provides **10 hours** of penetrating heat that works to unwind tight, aching muscles and increases circulation to help soothe pain away.

Thin, discrete and designed to work on your body where it hurts, the patch helps you to get active again soon and take your mind away from pain.

Using Voltaheat Thermal patch

- Make sure your skin is clean, dry and non-greasy.
- Carefully tear open the sachet (start tearing by notch).
- Remove the patch from the sachet only at the time of use.
- Immediately take the protective film off the adhesive part of the patch, and apply the heat patch onto your skin at the site of your muscular pain.
- The patch will gradually warm up to a comfortable, soothing level (approximately 40°C).
- For optimum results, leave the patch to act for 10 hours. However, do not apply for longer than this time on the same area. However, if needed you can apply another patch on the same area 24 hours later.
- The patch stays in place and is easily removable.
- The patch can be used alone or with other pain relief medicines, except for medicated products applied on the skin and on injection sites (see Precautions).
- If you sweat excessively, remove the patch.
- The patch is for **external** and **single use only**.

Precautions

Do not use Voltaheat Thermal patch:

- on irritated, cracked or damaged skin.
- on children under the age of 12.
- on people who are unable to remove the patch themselves (e.g. the elderly, handicapped or disabled), unless supervised by a responsible adult.
- if the wearer is unable to remove the patch or to feel the heat of the patch: for example if you have areas on your body you can not feel.
- if your perception may be impaired by e.g. sedative medicines, alcoholic drinks.
- on an injection site.
- straight after an injury - heat may make swelling or bruising worse.

- over medicated products applied on the skin, or with any other sources of heat (such as infrared light).
- while bathing or showering.

Talk to your pharmacist or doctor before using the patch if you:

- have poor circulation, diabetes or arthritis or any other serious medical condition.
- have skin conditions like eczema or psoriasis, or have very sensitive skin.
- are pregnant.

For your safety

- Do not cut, tear or damage the patch. Do not use the patch if it is torn or damaged.
- The patch contains iron powder, which could be harmful if ingested. Consult a doctor straight away if this happens.
- If the skin or eyes come into contact with the powder, immediately rinse the affected area well and consult a doctor.
- Do not lie on the heat patch, even when in bed, or apply strong pressure during use.
- If the patch feels too hot or your skin becomes irritated (swelling, eruption or prolonged redness), remove the heat patch straight away.
- If the pain does not improve, contact your doctor.
- Keep out of the reach of children and pets, both before and after use.
- Do not microwave or reheat the patch after use.
- Dispose of the patch in a waste bin.
- Avoid exposure to direct sunlight.
- Store the patch in a cool dry place. Do not store it in the freezer.

Keep the leaflet until all the patches contained in the box have been used!

Composition: Iron powder, activated charcoal, water, acrylic polymer, sodium salts.

Total content: 2 or 5 patches

Manufacturer: Mycoal Japan for
Novartis Consumer Health S.A.
1260 Nyon, Switzerland

Distributor:

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For single use only!

This medical device is CE marked in EU:

CE₀₄₅₉

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